

weekly menu number 3.

	mon	tue	wed	thu	fri
main option 1	sweet chilli chicken noodles	sausage casserole	roast turkey	beef chilli	chicken nuggets
main option 2	sweet chilli quorn noodles	veggie sausage casserole	roast quorn	veggie chilli	veggie nuggets
main option 3	cajun chicken	winter vegetable soup	tomato soup	lemon and herb chicken	fresh fillet of fish with a herb crust
lettuce, tomato, cucumber and pickle with a selection of dressings and toppers. also a selection of home made sandwiches					
salad bar	please see today's selection of chef's specials	please see today's selection of chef's specials	please see today's selection of chef's specials	please see today's selection of chef's specials	please see today's selection of chef's specials
sides	braised rice, prawn crackers mange tout and cauliflower	champ mash, honey roasted parsnips, braised leeks	sage & onion stuffing, herby roast or mashed potatoes, carrots, red cabbage and cranberry sauce	braised rice, nachos, tortilla wraps, guacamole, salsa, sour cream, roasted peppers, green beans	chips, mushy peas, baked beans
dessert	lemon drizzle	treacle sponge and custard	fruity jam tart	apple and cherry pie and custard	mini éclairs
mini pots	chef's daily selection	chef's daily selection	chef's daily selection	chef's daily selection	chef's daily selection